WEST COAST

SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
10:00						9:00	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes
11:00					TEST PREPARATION	10:00	T-KIDS ALL LEVELS	FAMILY TAEKWONDO
12:00					ALL LEVELS	11:00	LIGHT SPARRING	LIGHT SPARRING
1:00		LUNCH BREAK		LUNCH BREAK		12:00	T-KIDS ALL LEVELS	TAEKWON TOTS 45 Minutes
3:15		TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	1:00	LUNCH BREAK	
4:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	2:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
5:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	3:00	LIGHT SPARRING	LIGHT SPARRING
6:00		T-KIDS ALL LEVELS	LIGHT SPARRING	T-KIDS ALL LEVELS	LIGHT SPARRING	4:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
7:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	5:00	All Levels T-KIDS ALL LEVELS	All Levels T-KIDS ALL LEVELS
8:00		ALL LEVELS	ONE STEP SPARRING & SELF DEFENCE	TEST PREPARATION	ALL LEVELS	6:00	All Levels T-KIDS ALL LEVELS	All Levels T-KIDS ALL LEVELS

MILLENIA WALK • KATONG • SIGLAP • TAMPINES • WEST COAST • RIVER VALLEY • KUALA LUMPUR • JOHOR BAHRU • MANILA • MAKASSAR • BALI

SINGAPORE / MALAYSIA / PHILIPPINES / INDONESIA