



ONE DREAM • ONE TEAM • ONE FAMILY

A RIVAS-JH KIM TAEKWONDO ASIA PACIFIC

RIVER VALLEY SCHEDULE 2019

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | SATURDAY | SUNDAY | | | | |
|-------|--------|---------|-----------|----------|--------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------|----------------------------|----------------------------|
| 10:00 | | | | | | 9.00 | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | | | | |
| 11:00 | | | | | | 10:00 | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | T-KIDS ALL LEVELS | T-KIDS ALL LEVELS | | |
| 12:00 | | | | | | 11:00 | LIGHT SPARRING | LIGHT SPARRING | T-KIDS ALL LEVELS | T-KIDS ALL LEVELS | | |
| 1:00 | | | | | | 12:00 | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | T-KIDS ALL LEVELS | T-KIDS ALL LEVELS | | |
| 3:15 | | | | | | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | 1:00 | LUNCH BREAK | |
| 4:00 | | | | | | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | 2:00 | T-KIDS ALL LEVELS | T-KIDS ALL LEVELS |
| 5:00 | | | | | | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes | 3:00 | FAMILY TAEKWONDO | POOM BELT |
| 6:00 | | | | | | LIGHT SPARRING | LIGHT SPARRING | LIGHT SPARRING | LIGHT SPARRING | 4:00 | LIGHT SPARRING | LIGHT SPARRING |
| 7:00 | | | | | | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | PRIVATE LESSONS (BY APPOINTMENT) | 5:00 | TAEKWON TOTS 45 Minutes | TAEKWON TOTS 45 Minutes |
| 8:00 | | | | | | TEST PREPARATION | LIGHT SPARRING | TEST PREPARATION | KICKI FIT | 6:00 | T-KIDS ALL LEVELS | T-KIDS ALL LEVELS |

SINGAPORE / MALAYSIA / PHILIPPINES / INDONESIA