ONE DREAM · ONE TEAM · ONE FAMILY

RIVAS-JH KIM TAEKWONDO ASIA PACIFIC



TAMPINES BRANCH SCHEDULE

(TEMPORARY DOJANG SCHEDULE)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY	
10:00						9:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
11:00						10:00	SPARRING DRILLS	TAEKWON TOTS 45 Minutes	
								SPARRING DRILLS	
12:00						11:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
4.00						40.00	T-KIDS L1		
1:00						12:00	TAEKWON TOTS 45 Minutes	T-KIDS L1	
3:15		3PM T-KIDS ALL LEVELS	TAEKWON TOTS	3PM T-KIDS ALL LEVELS	TAEKWON TOTS	1:00	LUNCH	LUNCH BREAK	
		3PM POOM BELT	45 Minutes	3PM POOM BELT	45 Minutes		LUNON BREAK		
4:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	2:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
5:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	3:00	SPARRING DRILLS	SPARRING DRILLS	
6:00		SPARRING DRILLS	SPARRING DRILLS	SPARRING DRILLS	SPARRING DRILLS	4:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
7:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	5:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
8:00		ALL LEVELS / TEST PREP	ALL LEVELS / TEST PREP	ALL LEVELS / TEST PREP	ADULT SPARRING	6:00	ALL LEVELS / TEST PREP	AL LEVELS/ TEST PREP	

NOTES:

- Students are strongly advised to book their places at least 24hours in advance.
- No cancellations allowed; one lesson will be deducted from prevailing package upon booking.

Students are advised to bring along:

- Water bottle
- Face towel
- A ziplock bag with spare face mask(s)