

ONE DREAM • ONE TEAM • ONE FAMILY

RIVAS-JH KIM TAEKWONDO ASIA PACIFIC



RIVER VALLEY BRANCH SCHEDULE

(TEMPORARY DOJANG SCHEDULE)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
9:00		PRIVATE LESSONS BY APPOINTMENT		PRIVATE LESSONS BY APPOINTMENT	PRIVATE LESSONS BY APPOINTMENT	9:00	GYUROGY COMPETITION TEAM (8.30AM - 10AM) T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
10:00		ADULTS ALL LEVELS		ADULTS ALL LEVELS	ADULTS TEST PREP	10:00	POOM BELTS TAEKWON TOTS 45 Minutes	T-KIDS ALL LEVELS TAEKWON TOTS 45 Minutes
11:00		ADULTS TEST PREP		ADULTS SPARRING	ADULTS KICK FIT	11:00	T-KIDS ALL LEVELS	T-KIDS SPARRING POOM BELTS SPARRING
						12:00	T-KIDS ALL LEVELS TAEKWON TOTS 45 Minutes	T-KIDS ALL LEVELS POOM BELTS
3.15		TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	1:00	LUNCH BREAK	
4:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	2:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS POOM BELTS
5:00		T-KIDS ALL LEVELS POOM BELTS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS POOM BELTS	T-KIDS ALL LEVELS	3:00	T-KIDS SPARRING	T-KIDS SPARRING POOM BELTS SPARRING
6:00		T-KIDS ALL LEVELS GYUROGY COMPETITION TEAM (6PM - 7.30PM)	T-KIDS SPARRING POOM BELTS SPARRING	T-KIDS ALL LEVELS POOMSAE COMPETITION TEAM (6PM - 7.30PM)	T-KIDS SPARRING POOM BELTS SPARRING	4:00	T-KIDS ALL LEVELS TAEKWON TOTS 45 Minutes	T-KIDS ALL LEVELS TAEKWON TOTS 45 Minutes
7:30		ADULTS ALL LEVELS	ADULTS ALL LEVELS	ADULTS ALL LEVELS	ADULTS SPECIAL CLASSES	5:00	T-KIDS ALL LEVELS POOM BELTS	
8:30		ADULTS TEST PREP	ADULTS SPARRING	ADULTS ONE STEP & SELF DEFENSE	ADULTS SPECIAL CLASSES	6:00	POOMSAE COMPETITION TEAM (6PM - 7.30PM)	

NOTES:

- Students are strongly advised to book their places at least 24hours in advance.
- No cancellations allowed; one lesson will be deducted from prevailing package upon booking.

Students are advised to bring along :

- Water bottle
- Face towel
- A ziplock bag with spare face mask(s)