



# KATONG

## SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY			
10:00					T-KIDS ALL LEVELS		9:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS			
									9:00 TAEKWON TOTS 45 Minutes	JR BLACK BELT	
11:00									LIGHT SPARRING	10:00 T-KIDS ALL LEVELS	TAEKWON TOTS 45 Minutes
										10:00 JR BLACK BELT	LIGHT SPARRING
12:00					ALL LEVELS		11:00 TAEKWON TOTS 45 Minutes	T-KIDS ALL LEVELS			
										11:00 LIGHT SPARRING	
1:00					LUNCH BREAK		LUNCH BREAK		12:00 TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	
										12:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
3:15	TAEKWON TOTS 45 Minutes		TAEKWON TOTS 45 Minutes		TAEKWON TOTS 45 Minutes		TAEKWON TOTS 45 Minutes				
	PRIVATE LESSONS by appointment		PRIVATE LESSONS by appointment		PRIVATE LESSONS by appointment		PRIVATE LESSONS by appointment				
4:00	T-KIDS L1		T-KIDS L1		T-KIDS L1		T-KIDS L1				
	T-KIDS ALL LEVELS		T-KIDS ALL LEVELS		T-KIDS ALL LEVELS		T-KIDS ALL LEVELS				
5:00	T-KIDS ALL LEVELS		T-KIDS ALL LEVELS		T-KIDS ALL LEVELS		T-KIDS ALL LEVELS				
	T-KIDS ALL LEVELS		T-KIDS ALL LEVELS		T-KIDS ALL LEVELS		T-KIDS ALL LEVELS				
6:00	LIGHT SPARRING		COMPETITION SPARRING 6-730		LIGHT SPARRING		COMPETITION POOMSAE 6-730				
	JR BLACK BELT		JR BLACK BELT		JR BLACK BELT		JR BLACK BELT				
7:00	TEST PREPARATION		ALL LEVELS		ALL LEVELS		TAEKWON TOTS 45 Minutes				
	TEST PREPARATION		T-KIDS ALL LEVELS 730 - 830		T-KIDS ALL LEVELS 730 - 830		FAMILY TAEKWONDO				
8:00	ONE STEP SPARRING & LIGHT SPARRING		TEST PREPARATION		TAEGEUK FORMS		TEST PREPARATION				
	TEST PREPARATION		TEST PREPARATION		TEST PREPARATION		PRIVATE LESSONS by appointment				
							PRIVATE LESSONS by appointment				

Certified by



Affiliated to



\*Schedules are subjected to changes.