



SIGLAP SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
10:00					T-KIDS ALL LEVELS		9:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
					JR BLACK BELT		JR BLACK BELT	
11:00					LIGHT SPARRING		10:00 TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes
							LIGHT SPARRING	LIGHT SPARRING
12:00	LUNCH BREAK				ALL LEVELS		11:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
1:00								
3:15	LUNCH BREAK				1:00	LUNCH BREAK		
	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes		PRIVATE LESSONS by appointment		
	PRIVATE LESSONS by appointment	PRIVATE LESSONS by appointment	PRIVATE LESSONS by appointment	PRIVATE LESSONS by appointment	2:00			T-KIDS ALL LEVELS
4:00	T-KIDS L1	T-KIDS L1	T-KIDS L1	T-KIDS L1		PRIVATE LESSONS by appointment	T-KIDS ALL LEVELS	
	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS		T-KIDS ALL LEVELS	JR BLACK BELT	
5:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS		3:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
	JR BLACK BELT		JR BLACK BELT			LIGHT SPARRING	LIGHT SPARRING	
6:00	TAEKWON TOTS 45 Minutes	LIGHT SPARRING	TAEKWON TOTS 45 Minutes	LIGHT SPARRING		4:00 T-KIDS ALL LEVELS	COMPETITION POOMSAE 4-530	
	T-KIDS L1	COMPETITION SPARRING 6-730	T-KIDS L1	T-KIDS ALL LEVELS		JR BLACK BELT	T-KIDS ALL LEVELS	
7:00	ALL LEVELS	TEST PREPARATION	ALL LEVELS	ALL LEVELS		5:00 T-KIDS ALL LEVELS	FAMILY TAEKWONDO	
	T-KIDS ALL LEVELS 730 - 830		T-KIDS ALL LEVELS 730 - 830	T-KIDS ALL LEVELS 730 - 830		FAMILY TAEKWONDO	FAMILY TAEKWONDO	
8:00	TAEGEUK FORMS	ALL LEVELS	ONE STEP SPARRING & LIGHT SPARRING	TEST PREPARATION		6:00 KICK FIT ADULTS & TEENS	ONE STEP SPARRING & LIGHT SPARRING	

Certified by



Affiliated to



*Schedules are subjected to changes.