TAMPINES
SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
10:00				T-KIDS ALL LEVELS		9:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
							JR BLACK BELT	JR BLACK BELT
11:00				LIGHT SPARRING		10:00	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes
							LIGHT SPARRING	LIGHT SPARRING
12:00				ALL LEVELS		11:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
1:00		LUNCH BREAK		LUNCH BREAK		12:00	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes
							T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
3:15		TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	1:00	LUNCH BREAK	
		PRIVATE LESSONS by appointment	PRIVATE LESSONS by appointment	PRIVATE LESSONS by appointment	PRIVATE LESSONS by appointment			
4:00		T-KIDS L1	T-KIDS L1	T-KIDS L1	T-KIDS L1	2:00	PRIVATE LESSONS by appointment	T-KIDS ALL LEVELS
		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS		T-KIDS ALL LEVELS	JR BLACK BELT
5:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	3:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
		JR BLACK BELT		JR BLACK BELT			LIGHT SPARRING	LIGHT SPARRING
6:00		TAEKWON TOTS 45 Minutes	LIGHT SPARRING	TAEKWON TOTS 45 Minutes	LIGHT SPARRING	4:00	T-KIDS ALL LEVELS	COMPETITION POOMSAE 4-530
		T-KIDS L1	COMPETITION SPARRING 6-730	T-KIDS L1	T-KIDS ALL LEVELS		JR BLACK BELT	T-KIDS ALL LEVELS
7:00		T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	5:00	T-KIDS ALL LEVELS	FAMILY TAEKWONDO
							FAMILY TAEKWONDO	
8:00		TEST PREPARATION	ALL LEVELS	ONE STEP SPARRING & LIGHT SPARRING	TEST PREPARATION	6:00	KICK FIT ADULTS & TEENS	ONE STEP SPARRING & LIGHT SPARRING

Certified by

Affiliated to

*Schedules are subjected to changes.