



# WEST COAST SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY				
10:00							9:00 TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes				
11:00						TEST PREPARATION	10:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS				
12:00						ALL LEVELS	11:00 LIGHT SPARRING	LIGHT SPARRING				
1:00	LUNCH BREAK		LUNCH BREAK				12:00 T-KIDS ALL LEVELS	TAEKWON TOTS 45 Minutes				
3:15							1:00	LUNCH BREAK				
4:00						TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	1:00		
5:00						T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	2:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
6:30						T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	3:00	LIGHT SPARRING	LIGHT SPARRING
7:00						T-KIDS ALL LEVELS	LIGHT SPARRING	T-KIDS ALL LEVELS	LIGHT SPARRING	4:00	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS
8:00						T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	5:00	ALL LEVELS	ALL LEVELS
						ALL LEVELS	ONE STEP SPARRING & SELF DEFENCE	TEST PREPARATION	ALL LEVELS	6:00	ALL LEVELS	ALL LEVELS
											T-KIDS ALL LEVELS	T-KIDS ALL LEVELS

MILLENNIA WALK • KATONG • SIGLAP • TAMPINES • WEST COAST • LIANG COURT • KUALA LUMPUR • JOHOR BAHRU • MANILA • MAKASSAR • BALI

**SINGAPORE / MALAYSIA / PHILIPPINES / INDONESIA**