



WEST COAST SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY	
10:00							9:00 TAEKWON TOTS 45 Minutes	TAEKWON TOTS 45 Minutes	
11:00						TEST PREPARATION	10:00 T-KIDS ALL LEVELS	FAMILY TAEKWONDO	
12:00						ALL LEVELS	11:00 LIGHT SPARRING	LIGHT SPARRING	
1:00	LUNCH BREAK		LUNCH BREAK				12:00 T-KIDS ALL LEVELS	TAEKWON TOTS 45 Minutes	
3:15							1:00 TAEKWON TOTS 45 Minutes	LUNCH BREAK	
4:00							2:00 T-KIDS ALL LEVELS	T-KIDS ALL LEVELS	
5:00							3:00 T-KIDS ALL LEVELS	LIGHT SPARRING	
6:00							4:00 T-KIDS ALL LEVELS	LIGHT SPARRING	
7:00							5:00 T-KIDS ALL LEVELS	All Levels	
8:00							6:00 T-KIDS ALL LEVELS	All Levels	
	ALL LEVELS		ONE STEP SPARRING & SELF DEFENCE	TEST PREPARATION	ALL LEVELS		All Levels	All Levels	

MILLENNIA WALK • KATONG • SIGLAP • TAMPINES • WEST COAST • RIVER VALLEY • KUALA LUMPUR • JOHOR BAHRU • MANILA • MAKASSAR • BALI

SINGAPORE / MALAYSIA / PHILIPPINES / INDONESIA